

DIRK A. KÜMMERLE

6000 NW Highway 225A
Ocala, FL 34482

Mobile: 617.304.6955

dirk@kummerle.com

Executive Summary:

Extensive clinical experience providing world class mental health services, including, but not limited to trauma and substance abuse treatment, family and couples counseling. Experienced program developer, providing comprehensive trainings designed to assist groups and organizations with stress management and optimizing performance. Researcher, featured in the New York Times Bestselling series 'Brain Rules for Aging Well: 10 Principles for Staying Vital, Happy, and Sharp.' "

- *Devoted) Psychotherapist (LMHC)*
- *Nationally Certified Trauma and Disaster Response Therapist (C.C.D.T.)*
- *Certified National Drug & Alcohol Interventionist (CNDAI II)*
- *Certified Substance Abuse Counselor (CAP)*
- *Organizational and Leadership Consultant.*

PROFESSIONAL EXPERIENCE

Kummerle Psychotherapy, LLC

Jun. 2017 – Current

Kummerle Psychotherapy offers multifaceted services, included but not limited to comprehensive trauma and substance abuse based psychotherapy, individual, family, and couples psychotherapy. Kummerle Psychotherapy, LLC also offers organizational, team development, and corporate wellness counseling services. Domains include www.veteranssupportnet.org, and www.kummerle.com.

Founder & Managing Director

- PTSD & complex trauma treatment.
- Individual, couples, family, and group psychotherapy.
- Crisis intervention.
- Substance abuse intervention services.
- Complex mood and personality disorder treatment.
- Organizational, leadership, executive coaching consulting.
- Corporate Wellness consulting.

THE REFUGE – A HEALING PLACE

Sept. 2015 – Oct. 2017

The Refuge is a trauma & ptsd treatment center focused on holistic rehab and co-occurring addictions, depression, anxiety and eating disorders.

Psychotherapist

- Collaborated with members of the interdisciplinary team including case managers, psychiatrists, medical doctors, and colleagues to insure sound clinical client care
- Comprehensive individual trauma focused psychotherapy
- Responsible for developing sound treatment plans, goals, and discharge planning meeting client's individual needs
- Organized and conducted stress-debriefing sessions, for individuals and groups.
- Coordinate and facilitate marriage and family therapy sessions.
- Crisis management, debriefing, and on-the-spot clinical consultation to clinical staff
- Provide training, supervision, and coordinate internships for students
- Coordinate and manage services provided by outside service providers

ARBOUR HEALTH SERVICES, Boston, MA**Sept. 2012 – Sept. 2015**

Arbour Health System is committed to providing easy access to a comprehensive range of behavioral health services for all patient ages. It provides a continuum of care that includes evaluation, crisis stabilization, and treatment for patients with mental illness, dual diagnosis, and/or addiction.

Psychotherapist

- Individual & Group Therapist for adult & adolescent clients with mood, personality & co-occurring disorders.
- Conducted intakes and developed comprehensive individualized assessments, treatment, and aftercare plans
- Maintain confidentiality of records relating to clients' treatment.
- Guide clients in the development of coping skills and strategies
- Developed, planned, and conducted adult substance abuse, and trauma therapy groups
- Marriage and family therapy
- Individual and Group substance abuse treatment
- Crisis treatment intervention specialist

SPRING HILL RECOVERY CENTER, Ashby, MA**Sept 2011 – Sept. 2012**

Spring Hill Recovery Center, is a private, not for profit organization that provides innovative residential and day treatment for dual diagnosis clients, within the framework of a supportive sober living environment (Center Closed Fall 2012)

Clinician & Operations Consultant

- Developed individual counseling plans and group therapy programs
- Developed Client and Staff Policy Procedures Manuals
- Pivotal responsibilities with Residential & Intensive Outpatient Care licensure application process
- Trained staff on Electronic Medical Record program and procedures

NEW ENGLAND CENTER FOR HOMELESS VETERANS, Boston MA**Aug. 2009 – Sept. 2012**

The Mission of the New England Center for Homeless Veterans is to extend a helping hand to homeless men and women veterans who are addressing the challenges of Addiction, Trauma, Severe and persistent mental illness, and/or Unemployment

Therapist / Clinical Intern

- Conduct intake, assessment, and treatment planning with dual diagnosis clientele
- Trauma Therapy
- Developed and performed psycho-education group sessions
- Individual therapy and crisis intervention
- Developed discharge planning and follow up care
- Substance abuse treatment

ITV DIRECT, Beverly, MA**Apr. 2007– Oct. 2009**

Direct Marketing Company founded in 2001 specializing in herbal supplements and health care products generating over \$50 million in revenue.

Senior Financial Analyst, Beverly, MA

- Executed Sales & Marketing Strategies for multiple new and existing products
- Grew ITV sales from \$5M in revenue in 2007 to \$11.5M in revenue in 2008, year over year growth of 43%
- Initiated campaign analysis measuring marketing effectiveness
- Developed sales forecasting models, and quarterly projections
- Developed Operations improvements in two warehouse fulfillment centers, leading to \$25K in quarterly savings

ANALOG DEVICES, Norwood, MA

Jun. 2003 - Apr. 2007

Analog, Semiconductors, Digital Signal Processing, World leader in high performance signal processing solutions.

Operations Analyst, Cambridge, MA

- Managed \$150 million annual budget over ten cost centers
- Developed budget variance analysis for ten cost centers generating over \$150K annual savings
- Improved weekly offshore production analysis resulting in \$75K in quarterly savings
- Executed quarterly production & planning forecast & capacity analysis

SENATOR BRIAN A. JOYCE, Boston MA

Jan. 2002 – May 2003

Elected to the Massachusetts State Senate in 1994, representing the Norfolk, Bristol and Plymouth districts

Legislative Director, Boston, MA

- Point person on all legislative and budget initiatives
- Developed strategies and tactics for advancement of legislative and budgetary goals
- Performed bill analysis involving examination, review, and detailed summary of legislation
- Interfaced with constituent groups to assist in delivery of state and community services
- Developed budget and legislative summaries for all district communities

COURT TV, New York, NY

Jun. 2000 - Dec. 2001

A comprehensive source of news about law, justice and crime in the US and globally. Court TV is a Time Warner held company, and changed its name to TRU TV in Jun 2009.

Manager Sales Research, New York, NY

- Executed initiatives in collaboration with sales staff generating over \$500K in quarterly sales
- Directed Court TV sales & marketing strategies
- Developed sales and marketing strategies with senior management
- Produced category specific pitches and competitive network analysis
- Collaborated with Court TV's public relations & marketing staff creating innovative marketing concepts

ACCENTHEALTH/CNN, New York, NY

May 1999- Jun. 2000

TV network, with program guide, articles, and tips for living a healthy lifestyle

Research Analyst, New York, NY

- Initiated sales strategy and presentations targeting existing & potential advertisers
- Lead Analyst pharmaceutical market strategies
- Researched, condensed, and summarized on-line traffic projections
- Developed leads and presented network sales presentations to existing and potential new advertisers
- Developed and communicated competitor analysis

CREDENTIALS

- Licensed Mental Health Therapist (LMHC) (FL MH14736)
- Certified Crisis & Disaster Response Therapist (CCDT)
- Certified Addictions Professional (CAP)
- Certified National Drug & Alcohol Interventionist (C.N.D.A.I.)

EDUCATION

- **Massachusetts School for Professional Psychology (Newton, MA):** Doctoral Candidate, OLP.
- **Massachusetts School for Professional Psychology (Newton, MA):** Masters in Media Psychology (2013). (3.8 GPA)
- **Cambridge College** (Cambridge, MA): Masters in Education/Clinical Psychology (4.0 GPA)
- **University of Massachusetts, Amherst, MA:** BA/ Political Science, Minor/German literature

VOLUNTEER EXPERIENCE

- New England Home for Homeless Veterans (2004-2014)
- Pine Street Inn (2005-2014)

ADDITIONAL EXPERIENCE

- **City Counselor**, Greenfield City Council, Elected Two Terms (1995-1999)
- **Candidate for Selectmen**, Leyden MA 1994 (lost by 1 vote)
- **Campaign Staffer & Consultant** for over twenty local, regional, and state wide political campaigns
- **Commissioner**, Franklin County Regional Housing Authority, (1994 to 1999): Appointment by Governor Bill Weld (1994), re-appointed Governor Paul Cellucci (1998).
- Massachusetts Notary Public
- German written/oral fluency